



LOPD MAHAVIRA

"THE THREE JEWELS"

By

Prof Anant Prasad Jain, B Sc (Fng)

Right Faith

Right Knowledge,

Right Conduct

How to achieve SAMADHI (Self Absorption) ?

1. Feel that this Soul is filling the whole body like water filling a jar or as ether pervading the whole world in like manner the Soul pervades the whole body Soul is because I feel I AM

2. Feel that this Soul is a transparent shining jewel like a diamond, it is colourless and pure Forget that the individuality is made up of flesh bone blood etc only

Think yourself to be a luminous and transparent whole-being alive m tierless undying active and contemplating

Thus concentrate your whole attention and mind in your own self within yourself

Contemplate your inner self—your own self—as the most beautiful being transparent and absorbed in itself

Think yourself to be all knowing all blissful most charming, and free from all passions and pains

Forget this body—and think you are Soul only—a luminous whole—Bright Pure Perfect and Tranquil

Think you are God—the Highest Self

What you think you become !

Think of the Highest Ideal and believe that you have the inherent ability and capacity to attain all that is highest by practice endeavour and contemplation

(II) CAUTION Beware of harmful and useless Vanity

You must distinguish between God and Man

Remember—That you have not become God already—nor can you perform each and everything at once; you are man still. Egotism constitutes useless vanity which will be harmful and will lead to degradation though your Own Self—your Pure Soul—is God itself and has all the highest virtues and qualities inherent within yet remember that this mighty being is caged in this body its capacities have been curbed and very small limits have been put upon it by the limited capacities of this insignificant body over the limitlessness of Atma or Soul in every respect. The soul is bound within this body. The capacities of this body to act to function and to perform are most limited in all its spheres.

So the Soul encased in this body is not able to manifest beyond these limitations. One is co-terminus with the other. They are not separate they form single entity—they can not function separately. They act together. They have to do so. It can not otherwise.

The Soul cannot exist in this world without body the body cannot function without the Soul. They are joint one and single till they are separated they continue to be so.

It cannot be otherwise. Their union has been since time began. Yet it has an end!

This end can be effected through practice and your and contemplation.

The Soul is God but man is not God. This body of man is the cause of this disqualification. In getting this Godhood (the Highest Being—your own Self) one has to get rid of this body. While this body remains man will remain a man. He is a resultant of conscious Soul and the material body working jointly as a worldly being. What we see is a joint manifestation of both. B

degrees man rises to Godhood by following the Path of Right Faith Right Knowledge and Right Conduct. When the body ceases to be this very Soul gains its own Pure Self and becomes Parmatma—the God—the Highest Self and this can be achieved through Samadhi (Self absorption), which is the climax of the Three Jewels.

(III) Right Knowledge

One can be said to possess the Right Knowledge — who has come to know about the highest qualities and attributes of his own Soul—the Inner Self who has come to know that this Soul can be liberated from this body that though both exist and function together in this world yet they can be separated that though they are one with the other in this world yet their natures are different. The Soul never becomes body or matter, nor does this body (or matter) ever become Soul. All the time they remain distinct separate and intact with their own qualities and characteristics inherent within them respectively. The Soul is Pure Consciousness while the body is the material medium. The nature of the man is the resultant of Soul's nature and the nature of the material body—a *via media* and varying in quality degree and grade between the lifeless nature of the matter constituting this body which may be taken as zero as far as consciousness is concerned to the absolute full knowledge and consciousness of the Omniscient and finally to Godhood or Parmatma—the highest Self—when it attains full and complete liberation from the material body.

The physical capacities of various bodies depend upon their shape size construction and all other details of construction. The physical capacities of man too can be developed by practice. Full absolute knowledge of Omniscience is a reality and can be developed or gained by anyone who aspires to it by observing Right Faith Right Knowledge and Right Conduct.

This Soul is immaterial and formless—and so it cannot be seen observed or felt by the senses. It can

only be contemplated upon and conceived through mental concentration as said above

This contemplation conception or concentration itself will lead the aspirant to the Final Goal and open the Soul to its own Self

This very phenomenon when it happens is the Final Goal and Liberation

Liberation in its truest sense means complete disassociation of Soul from matter



Prof A P Jain B Sc (Eng)

The Soul is never dependent for its manifestation upon the material body

It is then pure consciousness absolute knowledge and Highest Bliss itself

Once this liberation is attained the Soul can never be contaminated with matter again It will always remain pure with all its purest and highest attributes

Like electrical instruments the bodies of various beings differ widely in shape size and design and

function accordingly in different ways having different capacities natures qualities etc. Yet all the time the vital energy—the electricity—flowing through them all is the same. Likewise the life giving conscious Soul is operating in all these bodies of all beings.

Consciousness in every being is the nature of the Soul.

In all beings the Soul is always pure and perfect consciousness and it has been so prior to the beginning of time.

Liberation is the nature of the Soul.

Contamination with matter is due only to the Eternal association with matter.

This world with its limitless paraphernalia is a vast workshop or contrivance for enabling the Soul to get rid of the impure matter (i.e. non-soul) likened to raw ore of a metal through transmigration births and deaths similar to the various processes during the refining of the ore and to attain its full purity finally.

As the ore has to undergo various transformations prior to complete purity of refined metal, so the Soul with its eternal impurity of material contamination gains absolute purity through the help of this world and its various births deaths rebirths and gradual development from one stage to the other each time leaving off some impurities, absorbing others during the process of change transformation and development as a means and help to remove further impurities and eventually by discarding all impurities, it becomes Pure Soul in its essence.

Just as the refining of any ore is only possible through a right knowledge of the ore its processes its actions and reactions with other chemicals and substances used with the ore during the various processes and stages of refinement so it is with the Soul and body of man or *Mon* and *Parmatma*. A right knowledge of the phenomena and process of refining from the matter-infested Soul (i.e. a worldly being with body) to

Soul can practice through the body and through this very body it can annihilate this body in the real sense of the term

By worldly death this body is never annihilated

Its transparent or invisible counterpart remains with the soul all alone and can only find release through Right Faith, Right Knowledge and Right Conduct

(V) Right Conduct

Without Right Knowledge and Right Belief Right Conduct is not possible.

How can it be achieved?

A man who cannot distinguish the difference between Salt and Sugar-Condor will feel much dejected in swallowing a salt piece taking the same to be condor. If a man gets a valuable Jewel but does not know its value, and throws it away considering it to be an ordinary piece of pebble he loses the Jewel and is called a fool

If a man is to go to a certain town and does not know the direction nor the road leading to his destination he is most apt to get misled and lost in the wilderness or a labyrinth of many roads and paths

A man who starts say from New York and has Paris as his destination will not proceed to London or Moscow. But the other man who has his destination beyond will pass over Paris and will proceed further. Similarly if a man wants to see the whole world and starts on a world tour he will visit all these places in the course of his journey

A doctor must know the cause and symptoms of a disease otherwise he may administer the wrong medicine and cause death or deterioration of the patient instead of curing him

A doctor becomes a doctor only after acquiring the right knowledge of the Science of Medicine through proper education in the subject

Similar is the procedure for other trades and callings. One, who does not possess the right knowledge of the branch in which he enters is sure to fail

There are counterfeiters and frauds and one must beware of them to obtain success in any thing

One requires proper knowledge, learning, and experience for obtaining any desired result in any thing

Such is the case with the conduct of life For success—strength and certainty, right knowledge and faith are necessary

Knowledge of what one is, what connection and relation he has with the surroundings and all other things men and living beings of what he himself is made what is his aim and how he sets out to acquire that aim

Armed with Right Knowledge and full faith in his own capabilities he can act rightly, and will have every opportunity to achieve success otherwise he is doomed to failure, dejection and harm

Man's highest aim is to attain Nirvana—the Supreme Bliss

Nirvana is the highest of all ideals So while one keeps at this Highest Ideal he rises, by stages to attain it

A man who aims at making only a two storied building can not get a Seven-Storied Building

For anyone to rise to the highest pitch of his capability—in this world—it is most necessary that his aims be perfect Nirvana is that state when one loses all feelings of pains and anxieties

How can this be effected ?

By gradual practice, adaptation and mental concentration in the Self

When the mind is engaged or engrossed fully on any subject, everything else becomes not existent.

In order that one may not fall from the path of righteousness he must continually engage himself in good thoughts, study of the scriptures constant meditations of his own pure Self or (as a material help) on the ideal of Lord Jinendra and by various other means as laid down in Jain Scriptures

The gist of the whole thing is that somehow or other man has to acquire the habit of getting himself absorbed in his own Self

This is the path towards Right Conduct

The absolute Right Conduct itself is full and complete absorption in one's own purest Self Any endeavour or action done towards this end is, for all worldly purposes, as action in the acquisition of Right Conduct and is commendable

As has already been said man is bound by limitations acquired habits, and nature by birth association etc

Even when he acquires the Right Knowledge it becomes very difficult sometimes to get the Right Conduct

But keeping an uninterested detached and unaffected mental disposition towards whatever happens, or whatever he does by the force of nature or under the urge of necessities as dictated by circumstances is the right path towards Right Conduct for all worldly beings and for all practical purposes

One should always keep in his mind the strongest urge idea and desire that he has got to get rid of all these worldly humdrums

He must always keep in his mind that all these worldly connections are due to his body, and is not his own Soul—nature and as such he has to get rid of all these some day or other

Even if he does some wrong sometimes in spite of his best efforts not to do so he must keep in his mind that he is doing a wrong deed or action and he should

always pray and strive that he may become able to subdue and to conquer all such weaknesses and should keep on endeavouring all the time to suppress such habits and natures

The taking of vows is the most potent help in subduing such bad and established habits and it is because of this that a life of vowfulness has been advocated all along. A vowless life is no life and cannot rise in a straight and direct way

For acquisition of the state of Right Conduct maintenance of vows is most essential, helpful and necessary

The reading of scriptures, doing puja (worship) before the most peaceful image or idol of a Tirthankara and chanting of Mantras, meditation in the Self or some such ideas which may finally lead to absorption or concentration of mind in the Self are all good helps towards the acquisition of Right Conduct and keeping one on the path continuously in such a way that one may not be misled and waver from the right track and be placed in the wrong track by mistake or carelessness or through any other means and temptations of the world

Even a man engaged in worldly affairs in any of the twenty four hours can get on to this path of Right Conduct—through acquisition of Right Knowledge and Right Faith and then by a constant vigilance and endeavour to meditate on the Self whenever he gets a few moments of leisure

Even a grain of good is good after all

One must remember that —

GOOD CAN NOT COME OUT OF EVIL

EVIL MUST BREED EVIL

GOOD CAN COME OUT OF GOOD ONLY

Therefore —

FOR GETTING GOOD ONE MUST DO GOOD

GOOD IS GOOD

BAD IS BAD

Bear in mind always that even the smallest action of good cannot reap anything except good.

We are surrounded by a whole world and whatever happens to us is a resultant of all actions re-actions, and their effects

If by doing good one does not get back good obviously he must think that his good act must have been best attracted or affected this resultant towards him good—though the effect has become diluted and is not obvious due to various influences of the world all round.

Yet the good is there and its effect too must be there—whether it is perceived or remains unperceived.

Therefore continuously keep in the path of Right Conduct, through thought word, and deed and that is the only path which will lead any one to the final Goal of Liberation from all sufferings and miseries giving him the eternal Bliss of Nirvana

This is the highest aim and Ideal of any Human-being and only by so doing he makes his life worthwhile as well as improving mentally, morally, physically and spiritually till the final attainment of the Highest.

Even in worldly affairs one can attain the highest by behaving in this way and also will be able to get the maximum peace and happiness. It is through the turmoils of the world that one's own Self and all its paraphernalia is as real as one's own Self and can be crossed over or got rid of only by plodding through it with equanimity as said above.

This is the only purpose of a human birth that it may find the emancipation of Nirvana—the Supreme Bliss.

Awake! Be doing!
Every moment of this life is most valuable
Don't waste it!

Find out who you are what you are and what is your

your purpose, the use of your being? What may be the ultimate aim of having a human life?

This is the first essential

Then you can find your own Self by absorbing yourself in your Self

To find your own Self is the truest and highest aim of your life, and the only Goal to which you must reach

Man has been doing Karma since eternity and he will go on doing so while this body and Soul remain together

There is no escape from it except through the help of "THE THREE JEWELS"

One has to do Karma—whether in this body or any other. This Karma (ACTION) may be good or bad, systematic, or irregular, etc. What one does he must live in the form of results

This can not be otherwise

Of course it is a different matter whether one through various engagements may, or may not, perceive, and having become habituated to such worldly repetitions as the same ungrudgingly and as a usual course

Nonetheless the Karmas are there and the fruits of these Karmas also must be there

No one can get rid of them unless he attains Absolute Knowledge and the final Nirvana

This body is an eternal Storehouse of all kinds of Karmas performed, or acquired since eternity

These very Karmas constitute this visual body, or the imperceptible inner Karman body (as described in Jain Scriptures) These bodies are nothing but material molecules heaped one above the other constituted and set up in definite design shape, and construction, according to the past Karmas Actions. This very construction activates this joint human form, due to the presence of Soul—the consciousness itself

Unless and until this molecular setting of the material Karman body is changed to proper form setting,

and shape man cannot acquire or develop the qualities and characteristics which are necessary for Absolute Knowledge and Nirvana. This can only be achieved through a most regulated life, and as said the constant practice of Right Faith, Right Knowledge and Right Conduct.

These Three Jewels themselves constitute Nirvana when obtained and developed in their full and pure state.

Constant meditation on the Pure Soul itself will lead to higher status.

Whenever one gets time he should try to throw his mind and focus it on the Inner Self seeing it in its reality, Bright, Shining, Transparent and Tranquil. This meditation itself will bring that correction in the molecular setting which is capable of bringing about Absolute Knowledge of the Omnipotent.

To get rid of all sufferings and miseries—O man—acquire and develop these THREE JEWELS, and by their constant use make your body capable for higher qualities and forms and then finally achieve this Absolute Pure and Full Knowledge of the Omnipotent.

This Absolute Knowledge itself means Liberation, Nirvana and Eternal Bliss.

O Man, don't waste yourself. God is within you. Make your Soul forsake this 'manhood' and attain GODHOOD. Occupy your rightful place—the Highest abode of Parmatma, Nirvana, Siddha—as the Supreme Self as your own Pure Liberated Soul, which is God itself.

OM SHANTIH

READ OUR PUBLICATIONS

and

CONTACT TRUTH

- 1 Self Knowledge, By M McKay
- 2 Religion (True and False), by M McKay,
- 3 True Way to Liberation by Dr Talbot
- 4 An Introduction to Jainism, by M McKay
- 5 Samadhi, by Kamta Prasad Jain
- 6 Gindhiji (Hindi) by K P Jain
- 7 The Golden Age by M Mckey
- 8 The Key to Nirvana by M McKay
- 9 Gems of Jaina Truth by M McKay
- 10 Good News by M McKay
- 11 Chhahadhala (Six Cantos of Truth)
by K P Jain
- 12 Thus Saith Soul by M McKay
- 13 Saccha Samyavada (Hindi), by K P Jain
- 14 Jaina Laws Explained by M McKay
- 15 Aids to Meditation by M McKay
- 16 The Sleeper by M McKay
- 17 Right Food by Dr W H Talbot
- 18 Bahubali (Illustrated), by K P Jain
- 19 Karma by Dr Talbot
- 20 Real Causes of Disease by Dr Talbot
- 21 Gandhiji (Illustrated), by M McKay &
Dr Booleband
- 22 My Prayer, Tr by K P Jain
- 23 Killing for Sports by M McKay
- 24 Proceedings of the Vira Nirvana Day

(London) 1949

THE THREE JEWELS

By

Prof ANANT PRASAD JAIN

B. Sc (FNU)



1951

THE MAHAVIRA PUBLICATIONS

(WORLD JAIN MISSION)

ALIGANJ (ETAH) U P

First
Edition }

INDIA

- 25 Bahubali (Hindi) by K P Jain
- 26 Samyavada (Gujerati) by
Mulchand Kishendas Kapadia
- 27 Ideals for a New World Order,
by Rev. C R Jain
- 28 Jainism and World Problems,
by Shri Jai Bhagwan and M Mahav
- 29 Bahubali (in Chinese Language), by Shu Li
- 30 Shrayasti (Hindi), K P Jain
- 31 Ahimsa Right Solution of World Problems
by K P Jain
- 32 इतिहास व भाषा का स्वातंत्र्य, by Jai Bhagwan Jain
- 33 Uvaesaryanamala Tr by M Govind Pat
- 34 Poems Divine by Frank Mansell
- 35 Bhagvana Labir, by M M Girdhar Sharma
- 36 German Tr of Samayikpatha etc
by L Wendol
- 37 My encounter with Jainism
- 38 Can Ahimsa Usher in World Unity
by V P Kothari
- 39 PURE THOUGHTS by Saint Amit gati
- 40 Pearls From The Seven Seas by M Mackay
- 41 Path of True Dharma by J B Jain
- 42 Mahavira A Miracle of Will Power
by Dr Felix Valyi

Please enrol yourself as a member to the World Jain Mission, and get these tracts free. Please subscribe to the illustrated Bimonthly organ of the Mission entitled "The Voice of Ahimsa and of humanity"

THE WORLD JAIN MISSION

ALIGANJ, (ETAH) U P, India.

The Allahabad Block Works Ltd Allahabad